Tilicho Base Camp Annapurna Trek



Trip Overview

Tilicho Base Camp Trek is a majestic experience offering lakeside bliss, cradled among the snow-capped gigantic peaks. Steeped in the serenity of Manang, lies the high-altitude lake Tilicho, whose exploration alongside Annapurna Sanctuary is included in this package of Pure Adventure Nepal. Here you can find yourself on the foot of Tilicho, the highest point in Annapurna Trekking.

As one challenges the limit, and gradually ascends at 4150, one encounters Tilicho Base Camp, etched in snow. The elusive snow leopard is said to be found in the region, so be part of boundless exposure in the highest point, Tilicho Lake, where hidden reserves and treasures can be exhilarated and embraced.

Gallery



Trip Itinerary

- 1 - Arrival in Kathmandu (1300m)
- 2 - Drive to Besishar tourist bus and local jeep to drive to Jagat or Dharapani(1,860m /6102ft)
- 3 - Trek to Chame (2,710m/8891.076ft) 6-7hrs
- 4 - Trek To Upper Pisang (3,300m/10826ft) 6-7hrs

- 5 - Trek to Manang (3540m /11614ft) 6-7hrs
- 6 - Acclimatization day (3540m /11614ft)
- 7 - Throw to Khanger and Tilicho Base camp
- 8 - Early morning visit to Tilicho Lake Khanger
- 9 - Trek to Lader or Yak kharka
- 10 - Throng phedi or High camp
- 11 - Trek to Thorolang la Pass and descent to Muktinath
- 12 - Trek Kagbeni and stay overnight at Jomsom
- 13 - Drive back to Pokhara
- 14 - Drive a Tourist bus to Kathmandu
- 15 - Departure

Cost Includes & Excludes

Includes

- Airport pickup and drop at Tribhuwan International Airport
- Tourist bus from Kathmandu to Besi shar and local jeep to Dharapani or Jugat
- Private jeep from Naya pul Pokhara
- 3-star Hotel stays at Kathmandu and Pokhara night stay in twin sharing 3 night @ B.B plan
- Lodging and Tea house accommodation
- A porter sharing for two trekkers each on the route
- Salary and Insurance Cost of Staff
- All necessary paperwork and permits (TIMS/ Conservation Fee)
- Emergency medical kit and local taxes

Excludes

- International Flight and Nepal VISA fees
- Travel Insurance cost
- Extra activities cost not planned within the Itinerary
- Entrance fee for other sightseeing

- Hard or Soft Drinks and snacks
- Tips for Staff (Trekking Guide, Assistant, and Porter)
- Essential packing Equipment
- Extra cost for booking flight, round trip from Kathmandu to Pokhara

Gears and equipment

- Clothing
    - Waterproof jackets and pants
    - Sweaters, and down jackets
    - Lightweight trousers
    - Hiking shirts- long-sleeved
    - Hooded rain and Fleece jacket
    - Inner wears
    - Light and heavyweight winter gloves
    - Sun hat or scarf, Money belt, Cotton headscarf, bandana
    - Winter hat or insulating hat

- Toiletries
    - Medium-drying towels
    - Toothbrush and toothpaste
    - Washing kits, talcum
    - powder, and toilet paper
    - Degradable soap and shampoo
    - Deodorant floss, nail clippers, and mirror

- Extra items
    - First aid kit
    - Passport-sized photos and passport photocopies
    - Binoculars
    - Personal medications
    - 1 swiss type knife
    - Sleeping bags and sheets,
    - Rucksack, backpack, and a small day pack
    - Water bottle
    - Water purification tablet solution

- Personal accessories
    - Headlights and extra batteries
    - Face and body wipes
    - Sunscreen and sunglasses with UV protection
    - Money
    - Watch

    - Cell phone and camera

- Footwear
    - Hiking Boots
    - A pair of sports shoes
    - Heavy wool and light socks

Faqs

1. **How high is the Tilicho base camp?**

   Tilicho Base Camp is at an elevation of 4,150 meters (13,615 feet) from the sea level. It is one of the highest base camps in the remote Manang Valley.

2. **How long is the trek to Tilicho Base Camp?**

   If you only want to explore Tilicho Lake, the trek usually takes 3 to 4 days., But when you include, the Annapurna circuit trek within it, it may take somewhere between 7 to 15 days, depending on the itinerary plan you opt for.

3. **How high is the Tilicho base camp?**

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4. **What are the best seasons to trek to Tilicho?**

   With spring (March to May) and autumn (September to November), weather conditions are more favorable and worth exploring.

5. **Do I need a permit for the Tilicho Base Camp Trek?**

   If you are looking for a Tilicho Base Camp trek, then, you need to obtain a TIMS permit and an ACAP (Annapurna Conservation Area Permit) from the Nepal Tourism Board.

6. **Is it difficult to trek to Tilicho Base Camp?**

Tilicho Base Camp requires steady climbs and ascend, with an elevation of 4150m. Hence, some difficulties may arise if a reasonable level of fitness and health condition is not ensured