

## Tiji Festival Upper Mustang Trek



## Trip Overview

Have you ever imagined strolling through a hidden, frozen land with ancient culture and vibrant tradition, along with an exquisite landscape? Well, if you haven't, the Upper Mustang Trek will offer you a mystical aura and a once-in-a-lifetime experience. But wait! Beyond the breathtaking scenery and rugged beauty of this place, there is another unique experience unlike any other: the Tiji Festival.

Upper Mustang is also recognized as the Forbidden Kingdom of Nepal, which lies in the Mustang area. It was restricted until 1992, which kept it preserved and hidden. The majority here are the Tibetan people, who preserved their culture in isolation. This is why it has virgin beauty with some unseen landscapes and culture. The Tiji Festival is a vibrant Tibetan Buddhist three-day event held annually in the royal palace in the walled city of Lo-Manthang in the Upper Mustang region. This festival is usually celebrated in May.

Tiji stands for "Tempa Chirim," which translates to "Prayer for World Peace." The festival is celebrated for the victory of good over evil. As per the ancient stories, the celebration comes through a reenactment of a mythical battle between a son and his demon father, who terrorized the Mustang Kingdom. The festival is believed to bless the land and bring prosperity for the year. The Tiji Festival includes thrilling dances such as monks dressed in elaborate costumes, colorful prayer flags and decorations, religious rituals and ceremonies, and traditional music. If you are planning to experience this divine festival, Pure Adventure presents you with personalized packages to the Upper Mustang Area for the Tiji festival. You will be able to observe the unique festival with the vibrant culture and ancient life of the Tibetan and Buddhist cultures.

## **Trip Itinerary**

- 1 - Arrive in Kathmandu, TIA
- 2 - Flight to Pokhara
- 3 - Fly to Jomsom and Trek to Kegbeni
- 4 - Trek to Chele (3050 m)
- 5 - Trek to Ghyling ( 3806)
- 6 - Trek to Charang ( 3575m)
- 7 - Trek to Lo-Manthang ( 3700m)
- 8 - First day of the Tiji Festival
- 9 - Second day of the Tiji Festival
- 10 - Third day of the Tiji Festival
- 11 - Trek to Ghami via Lo -Geker (3520 m)

- 12 - Trek to Chhuksang ( 3050m)
- 13 - Trek to Samar (3520 m)
- 14 - Trek to Kagbeni (2852m)
- 15 - Trek to Jomsom
- 16 - Jomsom to Pokhara
- 17 - Kathmandu
- 18 - Departure

## **Cost Includes & Excludes**

### **Includes**

- Airport pickup and drop at Tribhuvan International Airport
- Flight from Kathmandu to pokhara and jomsom return to pokhara
- 3-star Hotel stays at Kathmandu and Pokhara night stay in twin sharing @B.B plan
- Lodging and Tea house accommodation for 10 nights
- Licensed Trek Guide with good spoken English plus assistant leader each for a group of four
- A porter sharing for two trekkers each on the route
- Salary and Insurance Cost of Staff
- All necessary paperwork and permits (TIMS/ Conservation Fee).
- Emergency medical kit and local taxes

### **Excludes**

- International Flight and Nepal VISA fees
- Travel Insurance
- Extra activities cost not planned within the Itinerary
- Entrance fee for other sightseeing
- Hard or Soft Drinks and snacks
- Tips for Staff (Trekking Guide, Assistant, and Porter)
- Essential packing Equipment
- Extra cost for booking flight, round trip from Kathmandu to Pokhara

# Gears and equipment

- Clothing

- Waterproof jackets and pants
- Sweaters and down jackets
- Lightweight trousers
- Hiking shirts—long-sleeved
- Hooded raincoat and Fleece jacket
- Innerwears
- Lightweight and heavyweight winter gloves
- Sun hat or scarf; Money belt; Cotton headscarf, bandana
- Winter hat or insulating hat

- Footwears

- Hiking Boots
- A pair of sports shoes
- Heavy wool and light socks

- Personal accessories

- Headlights and extra batteries
- Face and body wipes
- Sunscreen and sunglasses with UV protection
- Money
- Watch
- Cell phone and camera

- Toiletries

- Medium-drying towels
- Toothbrush and toothpaste
- Washing kits, talcum powder, and toilet paper
- Degradable soap and shampoo
- Deodorant floss, nail clippers, and mirror

- Extra items

- ??????First aid kit
- Passport-sized photos and passport photocopies
- Binoculars
- Personal medications

1 swiss type knife  
Sleeping bags and sheets,  
Rucksack, backpack, and a small day pack  
Water bottle  
Water purification tablet solution

## Faqs

### 1. When is the Tiji festival celebrated?

*The Tiji Festival is celebrated for three days annually in the fifth month of the Tibetan calendar, which falls in May or June.*

### 2. Can I take photos and videos during the Tiji Festival?

*Certainly, you are allowed to take photos and videos during the festival. However, it is essential to be respectful and ask permission to take their photos.*

### 3. When will the Tiji Festival be held this year?

*Certainly, you are allowed to take photos and videos during the festival. However, it is essential to be respectful and ask permission to take their photos.*

### 4. Where is the Tiji festival held?

*The Tiji festival is held in the Royal Palace of the ancient walled city of Lo-Manthang, the capital of Upper Mustang in Nepal.*

### 5. What should I wear to the Tiji festival?

*Well, there is no particular dress code for the Tiji festival. It is recommended to dress modestly and respectfully, as this is a place of religious importance. You can wear pants, shirts with sleeves, and shoes. Alternatively, you can opt for traditional Tibetan attire if it is available.*