Mera Peak Climbing



Trip Overview

Mera Peak located in the Sagarmatha National Park region, is a challenging peak to climb. At an elevation of 6,476 m, the peak is the strenuous difficulty level to conquer. Crossing the Zatrwa La Pass at 5,555 meters, encountering Sherpa culture, and learning mountaineering skills to summit Mera Peak, the experience is beyond explanation.

Technical climbing or Mera Peak required adjustments to cold weather conditions, long exhausting days of steep climbing, and the use of fixed ropes, crampons, and ice axes. Good fitness and stamina level is required, while a certain level of trekking experience at high altitude would help you make the most of Mera Peak climbing expeditions.

Challenging yourself for the Mera Peak Summit is one of the most thrilling adventures one can have in their lifetime. Here’s how you can reach new heights, and experience, panoramic views of Everest, Makalu, and the surrounding peaks, by joining Pure Adventure Nepal.

Ready for the upcoming adventure? Get your spot booked for Mera Peak climbing.

Gallery





Trip Itinerary

- 1 - Arrive in TIA, Kathmandu (1,334m) And Transfer To Hotel
- 2 - Sightseeing In Kathmandu
- 3 - Flight To Lukla (2,810m) 25 min
- 4 - Trek To Chutanga (3,430m) 3-4hrs
- 5 - Trek To Danda (4,000m) 5-6hrs
- 6 - Trek To Mausum Kharka (3,430m) 3-4hrs
- 7 - Trek To Thagnag (4,360m) 5-6hrs
- 8 - Acclimatization Day
- 9 - Trek To Khare (5,000m) 4-5hrs
- 10 - Acclimatization Day (Ice Climbing Training)
- 11 - Trek To Mera High Camp (5,800m) 5-6hrs
- 12 - Ascend To Mera (6,476m) And Descend To Khare (5,025m)
- 13 - Extra Day to Khare
- 14 - Trek To Gothey (3,600m)
- 15 - Trek To Tuli Kharka (4,250m)

- 16 - Trek To Lukla (2,810m)
- 17 - Flight To Kathmandu And Transfer To Hotel
- 18 - Departure

Cost Includes & Excludes

Includes

- Airport pickup and drop at Tribhuwan International Airport
- Lodging and Tea house accommodation for 10 nights
- 3-star Hotel stays at Kathmandu @ B.B plan
- Trekking guide and Porter
- Salary and Insurance Cost of Staff
- Emergency medical kit and local taxes
- All necessary paperwork and permits (TIMS/ Conservation Fee)
- Climbing permit
- Climbing Guide
- All meals during trek
- T-shirt and Trekking Map from Pure adventure Nepal

Excludes

- International Flight and Nepal VISA fees
- Travel Insurance
- Extra activities cost not planned within the Itinerary
- Entrance fee for other sightseeing
- Essential packing Equipment
- Hard or Soft Drinks and snacks
- Tips for Staff (Trekking Guide, Assistant, and Porter)
- Climbing Gear and your personal Equipment
- Tipping for Climbing Guide and all crews

Gears and equipment

- Clothing
    - Waterproof jackets and pants
    - Sweaters and down jackets
    - Lightweight trousers
    - Hiking shirts-long-sleeved
    - Hooded raincoat and Fleece jacket
    - Inner wears
    - Light and heavyweight winter gloves
    - Sun hat or scarf
    - Money belt
    - Cotton headscarf, bandana
    - Winter hat or insulating hat

- Extra items
    - First aid kit
    - Passport-sized photos and passport photocopies
    - Binoculars
    - Personal medications
    - 1 Swiss-type knife
    - Sleeping bags and sheets
    - Rucksack, backpack, and a small day pack
    - Water bottle
    - Water purification tablet solution

- Personal accessories
    - Headlights and extra batteries;
    - Face and body wipes
    - Sunscreen and sunglasses with UV protection
    - Money

- Toiletries
    - Medium-drying towels
    - Toothbrush and toothpaste
    - Washing kits, talcum powder, and toilet paper
    - Degradable soap and shampoo
    - Deodorant floss, nail clippers, and mirror

- Footwears
    - Hiking Boots
    - A pair of sports shoes
    - Heavy wool and light socks

- Mountaineering Gear
    - Crampons
    - Ice axes
    - Harnesses and ropes
    - Helmet

Faqs

1. **What is the Mera peak climbing cost?**

   Based on average cost, the Mera peak climbing cost ranges from USD 2,500 to USD 3,000. Even, you can opt for luxury and deluxe packages, among which, the climbing permit varies on a seasonal basis, i.e. USD 250 (spring), USD 125 (autumn), and USD 70 (winter and summer).

2. **How difficult is Mera peak climbing?**

   Mera Peak climbing includes alpine grade, glacier crossing, and technical difficulty demanding a certain level of mountaineering skills. Expect to walk 5 to 6 hours each day, acclimatize to high altitudes, and tackle with good endurance and physical fitness.

3. **Is Mera Peak harder than Island Peak climbing?**

   In comparison to Island Peak, Mera Peak has more risk of altitude sickness, because of its higher elevation of 6476 m, greater than 6,186 m. Even, technical difficulty is greater in the case of Mera peak climbing.

4. **Can one see Everest from Mera Peak?**

   Mera Peak does offer a close-up view of Mount Everest, that is unobstructed. Even other majestic mountains like Lhotse, Makalu, Cho Oyu, and Kanchenjunga, are seen from Mera Peak.

5. **Can beginners ascend on Mera Peak climbing?**

   Mera peak climbing has a majority portion of non-technical terrain, well-defined trails, and gradual elevation gain, which can be suitable even for beginners with reasonable tips from guides, and mental fortitude. Learning basic mountaineering skills and preparing for unpredictable desires can help beginners ascend Mera Peak climbing.