Mardi Himal Trek



Trip Overview

Mardi Himal is 5,587 meters high and located about 25 kilometers north of Pokhara. It resides in the Annapurna Conservation Area of Nepal and offers some of the most stunning views of mountains, including the Annapurna Range, Machhapuchhre, Annapurna South, and Annapurna I.

Encircled by the gigantic Annapurna massifs, Mardi Himal is popularly recognized as Mt. Fishtail. This Mardi Himal Trek starts in the village of Dhampus. From Pritam Deurali, the trail reaches the tower of Mardi Himal Base. Filled with natural enrichment, the mountain is one of the stunning landscapes that awe-struck its seekers.

Nestled in the wilderness, with rivers, lush green forests, towering peaks, and thousands of natural peaks, Mardi Himal Trek offers everything for adventure seekers. The trail is followed by a series of rhododendron forests along with the subtropical forests including bamboo, oak, and fir.

The early sunrise view from Mardi Himal Base Camp is what people die for. You can alternatively trek to the Upper Viewpoint of Mardi Himal, which is popular for its picturesque view of the western face. From the bustling city of Pokhara, your trek stretches from Kande and moves towards Deurali.

The Mardi Himal Trek is one of the short-duration treks that will present you with various mesmerizing views. This trek offers a harmonious blend of stunning landscapes and the diverse beauty of Nepal.

Trip Itinerary

- 1 - Drive from Pokhara to Phedi and walk to Pothana 1890m 3-4 hrs
- 2 - Trek to Forest Camp 2890m 5/6 hrs
- 3 - Forest Camp to Low Camp 3050m 4hrs
- 4 - Low Camp to High Camp 3900m 5 hrs
- 5 - High Camp to Mardi Himal Base Camp- Back to the High Camp 4500m 7/8 hrs
- 6 - Trek to Low Camp 3050m 5/6 hrs
- 7 - Low Camp to Siding - Drive to Pokhara

Cost Includes & Excludes

Includes

- Tea house accommodation And all meals during Trek (B.L.D)
- Licensed Trek Guide with good spoken English
- A porter sharing for two trekkers each on two bag
- Trekking Crews Salary and Insurance
- All necessary paperwork and permits (TIMS/ Conservation Fee).
- Emergency medical kit and local taxes
- Transport from Pokhara to trek start point and pick from trek end place

Excludes

- International Flight and Nepal VISA fees
- Travel Insurance
- Extra activities cost not planned within the Itinerary
- Hard or Soft Drinks and snacks
- Tips for Staff (Trekking Guide, Assistant, and Porter)
- Essential packing Equipment
- Extra cost for booking domestic flight other than planned
- Hotel in Pokhara Or Kathmandu

Gears and equipment

- Clothing

  Waterproof jackets and pants
  Sweaters and down jackets
  Lightweight trousers
  Hiking shirts- long-sleeved
  Hooded raincoat and Fleece jacket
  Innerwears
  Lightweight and heavyweight winter gloves
  Sun hat or scarf; Money belt; Cotton headscarf, bandana
  Winter hat or insulating hat

- Personal accessories

Headlights and extra batteries
Face and body wipes
Sunscreen and sunglasses with UV protection
Money
Watch
Cell phone and camera

- Toiletries

  Medium-drying towels
  Toothbrush and toothpaste
  Washing kits, talcum powder, and toilet paper
  Degradable soap and shampoo
  Deodorant floss, nail clippers, and mirror

- Extra items

  First aid kit
  Passport-sized photos and passport photocopies
  Binoculars
  Personal medications
  1 swiss type knife
  Sleeping bags and sheets,
  Rucksack, backpack, and a small day pack
  Water bottle
  Water purification tablet solution

- Footwears

  Trekking Boots
  A pair of sports shoes
  Heavy wool and light socks

Faqs

1. **What is the best time for me to trek the Mardi Himal?**

   The best time for the Mardi Himal Trek is during autumn (October to November) and spring (March to May), when the weather is cool and the sky

is clear.

2. **How much does the Mardi Himal Trek cost?**

   The Mardi Himal trek costs an average of around 500 USD to 1500 USD per person.
   However, this cost can be altered as per your preference, the length of the trip, the type of accommodation, and other facilities.

3. **What permits do I need for the Mardi Himal Trek?**

   You will need a TIMS (Trekkers Information Management System) permit and an Annapurna Conservation Area Permit (ACAP) for the Mardi Himal trek.

4. **Do I need a guide or porter for the Mardi Himal Trek?**

   Yes, a guide or porter is recommended if you are trekking for the first time, as they help in navigating the way and ensuring safety.

5. **What is the level of difficulty for the Mardi Himal Trek?**

   The Mardi Himal Trek is regarded as a moderately difficult trek, and it requires a good level of fitness. It is located at an altitude of 4,500 meters (14,764 feet).