Makalu Base Camp



Trip Overview

Mt. Makalu is recognized as the world's fifth-highest mountain, with a height of 8463m. Makalu Base Camp is situated in Makalu Barun National Park, which covers an area of 2230 sq. km. of Solukhumbu and extends to Sankhuwasabha district.

The Makalu Base Camp Trek is one of the most popular trekking destinations in Nepal. It starts in the town of Tumlingtar, which is located in the Solukhumbu district of Nepal, and heads up to the Arun River Valley. The trail to Makalu Base Camp heads towards the Shipton La Pass and crosses the Upper Barun Valley. This trek to Makalu Base Camp will provide you with pleasant and enchanting views of some of the highest mountains in the world, including Mt. Everest, Mt. Lhotse, Mt. Chamlang, Mt. Makalu, and other ranges.

Moreover, this route offers the unique cultural heritage and lifestyle of the Himalayan people. Passing the alpine meadows, subtropical forests, and terraced fields, you will have a prolonged overview of Nepal's natural diversity and ecosystem. The trek to Makalu Base Camp will offer you a unique experience of the culture of the Sherpa people, the natural tapestry, and the Himalayan lifestyle.

Trip Itinerary

- 1 - Arrival in Kathmandu
- 2 - Flight to Tumlingtar and Drive to Num
- 3 - Trek to Seduwa (1500m) - 6 to 7 hours
- 4 - Seduwa to Tashi Gaon (2100m) - 4 to 5 hours
- 5 - Trek to Khongma Danda (3500m) - 6 to 7 hours
- 6 - Acclimatization day
- 7 - Trek to Dobato (6 to 7 hours)
- 8 - Trek to Yangri Kharka (3557m)- 6 to 7 hours
- 9 - Trek to Langmale Kharka (4410m)- 6 to 7 hours
- 10 - Trek to Makalu Base Camp (4800)
- 11 - Exploring Makalu Base Camp
- 12 - Trek back to Yangri Kharka (3557m)- 6 to 7 hours
- 13 - Trek back to Dobato (6 to 7 hours)
- 14 - Trek back to Khongma Danda (3500m) 6 to 7 hours
- 15 - Trek to Tashi Gaon (2100m) 4 to 5 hours
- 16 - Trel to Seduwa
- 17 - Trek to Num
- 18 - Drive to Tumlingtar and fly to Kathmandu
- 19 - Spare time at Kathmandu and Departure

Cost Includes & Excludes

Includes

- Airport pickup and drop at Tribhuwan International Airport
- 3-star Hotel stays at Kathmandu night stay in twin sharing
- Lodging and Tea house accommodation
- Licensed Trek Guide with good spoken English plus assistant leader each for a group of four
- A porter sharing for two trekkers each on the route

- Salary and Insurance Cost of Staff
- Local Transport
- All necessary paperwork and permits (TIMS/ Conservation Fee).
- Emergency medical kit and local taxes

Excludes

- International Flight and Nepal VISA fees
- Travel Insurance
- Extra activities cost not planned within the Itinerary
- Hard or Soft Drinks and snacks
- Tips for Staff (Trekking Guide, Assistant, and Porter)
- Essential packing Equipment
- Extra cost for booking domestic flight other than planned

Gears and equipment

- Clothing

  Waterproof jackets and pants
  Sweaters and down jackets
  Lightweight trousers
  Hiking shirts- long-sleeved
  Hooded raincoat and Fleece jacket
  Innerwears
  Lightweight and heavyweight winter gloves
  Sun hat or scarf; Money belt; Cotton headscarf, bandana
  Winter hat or insulating hat

- Personal accessories

  Headlights and extra batteries
  Face and body wipes
  Sunscreen and sunglasses with UV protection
  Money
  Watch
  Cell phone and camera

- Extra items

  First aid kit
  Passport-sized photos and passport photocopies
  Binoculars
  Personal medications
  1 swiss type knife
  Sleeping bags and sheets,
  Rucksack, backpack, and a small day pack
  Water bottle
  Water purification tablet solution

- Footwears

  Trekking Boots
  A pair of sports shoes
  Heavy wool and light socks

Faqs

1. **What is the difficulty level of the Makalu Base Camp trek?**

   The Makalu Base Camp is considered a challenging trek that requires a good level of fitness and experience.

2. **What is the best time to do the Makalu Base Camp trek?**

   The best time for the Makalu Base Camp Trek is during the spring (March to May) and autumn (September to November), when the weather is mild and the skies are clear.

3. **What permits do I need for the Makalu Base Camp Trek?**

   You will need a TIMS card (Trekkers Information Management System). Annapurna Conservation Area Permit (ACAP), Makalu Barun National Park Entry Permit, and Makalu Base Camp Special Permit.

4. **How much does the Makalu Base Camp Trek cost?**

   On average, you can expect to pay 3000 USD to 4500 USD per person for the whole trek. However, this can be altered as per your personal preferences. services are chosen and group size.

5. **What type of accommodation is available at Manaslu Base Camp Trek?**

   There are primarily two ranges of accommodation services available at the Manaslu Base Camp Trek, including teahouses and tents.