Langtang Gosaikunda Trek



Trip Overview

The Langtang Gosaikunda Trek is one of the most beautiful journeys that intertwines rich cultural treasures and natural beauty. The scenic journey encompasses of lush valleys and snow-capped mountain peaks in the Langtang

Himal range.

Booking a 13-day Langtang Gosaikunda Package is a rewarding choice that facilitates personal growth, cultural immersion, and woven threads of natural wonder. Prepared to be captivated by the vibrant wildflower swinging in the whispering breeze, rugged landscapes, and the resilience of flora, and fauna.

Choosing to summon on the Langtang Gosaikunda trek can please you with the rustic charm of the Himalayan lowlands, alpine pastures, and most importantly, the tranquil ambiance of the Gosaikunda lake. It is indeed one of the most beautiful treks leading to a max elevation of 4,380 meters of altitude, the Langtang Gosaikunda trail will forever be inscribed in your heart for long.

Trip Itinerary

- 1 - Arrive in Kathmandu 1350m(4479ft)
- 2 - Drive to Syabrubesi (1420 m)(4068fit) 6-7 hrs
- 3 - Trek To Lama Hotel (2,470m/8103.67fit) 6-7hrs
- 4 - Trek To Langtang Village (3,430m/11253.28 Fit) 6-7 hrs
- 5 - Trek to Kyanjin Gompa (3,730m/12237.5fit) 3hrs
- 6 - Acclimatization Day (3,730m/ 12237.53fit) 2-3hrs
- 7 - Trek Back To Lama Hotel(2,470m/8103.67fit) 6hrs
- 8 - Trek to ThuloSyabru (2,130m/6988.18fit)6hrs
- 9 - Trek To Laurebina (3,900m/12795.27fit)5hrs
- 10 - Trek To Gosaikunda Lake(4,380m/15748.03fit) 4hrs
- 11 - Trek To Singgompa (3,330m/10925.19Fit) 5hrs
- 12 - Trek to Dhunche 2600m/8530.18fit) 3-4 hrs
- Day 13 - Drive back to Kathmandu/5-6 hrs 1350m/4479fit)
- Day 14 - Free day In Kathmandu
- Day 15 - Departure TIA

Cost Includes & Excludes

Includes

- Airport pickup and drop at Tribhuwan International Airport

- Private Transport to trekking start point and trip finished point
- 3-star Hotel stays at Kathmandu night stay in twin sharing B.B plan
- Lodging and Tea house accommodation all meals During trek
- Licensed Trek Guide with good spoken English plus assistant leader each for a group of four people
- Salary and Insurance Cost of Staff
- Trekking maps from pure adventure Nepal
- All necessary paperwork and permits (TIMS/ National park fee
- Emergency medical kit and local taxes

Excludes

- International Flight and Nepal VISA fees
- Travel Insurance
- Extra activities cost not planned within the Itinerary
- Hard or Soft Drinks and snacks
- Tips for Staff (Trekking Guide, Assistant, and Porter)
- Essential packing Equipment
- Extra cost for booking domestic flight other than planned

Gears and equipment

- Clothing

  Waterproof jackets and pants
  Sweaters and down jackets
  Lightweight trousers
  Hiking shirts- long-sleeved
  Hooded raincoat and Fleece jacket
  Innerwears
  Lightweight and heavyweight winter gloves
  Sun hat or scarf; Money belt; Cotton headscarf, bandana
  Winter hat or insulating hat

- Personal accessories

  Headlights and extra batteries
  Face and body wipes
  Sunscreen and sunglasses with UV protection
  Money
  Watch
  Cell phone and camera

- Toiletries

  Medium-drying towels
  Toothbrush and toothpaste
  Washing kits, talcum powder, and toilet paper
  Degradable soap and shampoo
  Deodorant floss, nail clippers, and mirror

- Extra items

  First aid kit
  Passport-sized photos and passport photocopies
  Binoculars
  Personal medications
  1 swiss type knife
  Sleeping bags and sheets,
  Rucksack, backpack, and a small day pack
  Water bottle
  Water purification tablet solution

- Footwears

  Trekking Boots
  A pair of sports shoes
  Heavy wool and light socks

Faqs

1. **Is Langtang Gosaikunda Trek difficult?**

   Interested individuals can complete the whole trek of Langtang and Gosaikunda conveniently within 11-12 days, or even less, based on the itinerary plans, they opted for. It is a moderately difficult route which can be an easy go if you are prepared to overcome the challenges on the windy trails at the higher altitude.

2. **Which month is best for Langtang Gosaikunda Trek?**

   You can have a pleasant trekking experience in the pre-monsoon months between March to May for Langtang Gosaikunda Trek. Besides, autumn months from September to November are also one of the best months to conquer the trek.

3. **What are the accommodations like on the Langtang Gosaikunda Trek?**

   Teahouses are small guest house facilities run by local families in the Langtang and the Gosaikunda region. Lighter relaxing spaces, with shared rooms, toiletries, hot shower facilities, and afternoon tea are served in the accommodations on the Langtang Gosaikunda trek.

4. **Do I need to hire a guide or porter for the Langtang Gosaikunda Trek?**

   The government of Nepal also allows solo trekking in the Langtang Gosaikunda region. But trekking in a group and with a guide can be proven beneficial to navigating the rugged landscapes safely. As helpful as that, having a porter will help you carry your trekking gear and lead a more comfortable experience.

5. **What is the cost of the Langtang Gosaikunda Trek?**

   Langtang Gosaikunda Trek is one of the most affordable trekking options in Nepal. You can expect to pay somewhere between USD 900 to USD 1500 based on the package you book, subject to any other personal expenses.