Ghorepani Poonhill Trek



Trip Overview

For the inexperienced trekkers who seek a place to escape the hustle and bustle of the city, Ghorepani PoonHill Trek—Sunrise Destination of Nepal is an adventure in the Annapurna Region that presents you with serene landscapes along with a panoramic view of the white-washed mountains of Nepal. It is one of the most famous short treks in Nepal.

Trekking up Ghorepani Poonhill is a wonderful experience that allows you to witness the natural splendor of this area. You will be able to explore some of the hidden landscapes of Nepal, including mountains like Dhaulagiri, Nilgiri, Macchapuchare, Annapurna South, Hiuchuli, Tharpachuli, Tukuche Peak, Dhampus, Manaslu Range, and Lamjung Himal. You can independently embark on this trek without any guide, which makes it more affordable and leisurely. The Ghorepani Poonhill Trek starts from Nayapul, Pokhara, which is about an hour's drive from the main city of Pokhara. Treading around the beautiful Phewa Lake and exploring ‘the city of lakes’ Pokhara shall turn into a nirvana for nature lovers. As you reach the Poonhill before dawn, you will witness the mesmerizing transformation of the Himalayas as the sun paints the sky with hues of orange, pink, and purple.

The charming villages like Ulleri, Gorepani, and Ghandruk will present you with the local and vibrant culture of the Annapurna Himalayan region. The warm and hospitable locals of this region will immerse you in Nepalese culture. You can further transverse the diverse flora and fauna, lush green forests, terraced fields, and verdant meadows.

Gallery



Trip Itinerary

- 1 - Kathmandu to Pokhara (800m/2624.67)
- 2 - Drive to Nayapul and Trek to Ulleri (2080m/6824ft)
- 3 - Trek to Gorepani (2860m/9383ft)4 to 5 hours
- 4 - Hike to Poon Hill (3210m 10531.5)& Trek to Tadapani (2630m/8628.609
- 5 - Trek to Gandruk -Trek to Nayapul and Drive to Pokhara
- 6 - Sightseeing Pokhara
- 7 - Back to Kathmandu

Cost Includes & Excludes

Includes

- Tourist bus from Kathmandu to Pokhara
- 3-star Hotel 2 night in Pokhara with B.B plan twin sharing
- Tea house accommodation and all meals During trekking
- English spoken licensed holder guide

- Salary Of Trekking crew and Health Insurance
- All necessary paperwork and permits (TIMS/ Conservation Fee).
- Emergency medical kit and all local government taxes

Excludes

- International Flight and Nepal VISA fees
- Travel Insurance
- Extra activities cost not planned within the Itinerary
- Hard or Soft Drinks and snacks
- Tips for Staff (Trekking Guide, Assistant, and Porter)
- Essential packing Equipment
- Extra cost for booking domestic flight other than planned

Availability

Trip Date	Duration	Price	Space Left	Action
2023-11-30	7	$645		**BOOK NOW**

Gears and equipment

- Clothing

  Waterproof jackets and pants
  Sweaters and down jackets
  Lightweight trousers
  Hiking shirts- long-sleeved
  Hooded raincoat and Fleece jacket
  Innerwears
  Lightweight and heavyweight winter gloves
  Sun hat or scarf; Money belt; Cotton headscarf, bandana
  Winter hat or insulating hat

- Personal accessories

Headlights and extra batteries
Face and body wipes
Sunscreen and sunglasses with UV protection
Money
Watch
Cell phone and camera

- Toiletries

  Medium-drying towels
  Toothbrush and toothpaste
  Washing kits, talcum powder, and toilet paper
  Degradable soap and shampoo
  Deodorant floss, nail clippers, and mirror

- Extra items

  First aid kit
  Passport-sized photos and passport photocopies
  Binoculars
  Personal medications
  1 swiss type knife
  Sleeping bags and sheets,
  Rucksack, backpack, and a small day pack
  Water bottle
  Water purification tablet solution

- Footwears

  Trekking Boots
  A pair of sports shoes
  Heavy wool and light socks

Faqs

1. **What is the best time for Gorepani Poon Hill Trek?**

   The best time for Ghorepani Poon Hill Trek is during Spring (March to May) or autumn (September to November). You can also trek during winter. However, the weather can be cold and there are chances for snowfall.

2. **What is the cost of the Ghorepani Poon Hill Trek?**

   The overall cost depends upon your itinerary and the type of service you choose. However, on average you can pay between 500 USD to 1000 USD.

3. **Do I need a guide or porter for the Ghorepani Poon Hill Trek?**

   A guide or porter is not compulsory for the trek. However, it can be helpful if you are not familiar with the area and have a lot of luggage.

4. **What are the accommodation options like on the Ghorepani Poon Hill Trek?**

   Accommodation ranges from basic teahouses to comfortable lodges. You can choose as per your preferences.

5. **How difficult is the Ghorepani Poon Hill Trek?**

   It is a moderately challenging trek. However, if you are an experienced hiker with a good physical condition, it will rather be easy for you.