Everest Base Camp- The Journey to the stunning Vistas and serene Mountains



Trip Overview

Get ready for the Everest base camp trek, which is considered one of the toughest trails to a challenging route of the tallest Mountains in the world, serves a magnificent view of the wonderful Himalayas along with a glimpse of Nepal's history and culture held by the people in the region. Everest Base Camp Trek is a journey to the highest peak in the world which is 8,848 meters and other Himalayas residing in its lap enclosing Mt. Lhotse, Cho Oyu, and Mt. Makalu.

With the lush forest of Rhododendron and Juniper, you will observe the beautiful and raw beauty of the Mountains and Everest residing in the lap of the tall

Himalayas along with the high suspensions, the manifolds of Sagarmatha National Park, and the magnificent view of the world's highest airport at Syangboche. The welcoming people of Namche Bazar and the Sherpas will display a brief illustration of Nepali Culture. The Sherpas are prominent mountaineers and guides of the Khumbu region who will be your companions throughout the trek. This 12- 16 day trek will introduce you to the spectacular and tallest mountain in the world and the highest Glacier on earth- Khumbu Glacier and the perspective of Nepal from a nonnative panorama.
The refreshing yet short flight from Kathmandu to Lukla will lead you to the Khumbu region where you will be surrounded by several monasteries, temples, and many more. Your first glimpse of Everest shall be from the gateway of Everest which is Namche Bazar. Sagarmatha meaning the head of the sky is another name for Everest which is at an altitude of 5,364 meters, but the views from the Camp are well worth the effort.

Gallery



Trip Itinerary

- 1 - Arrival at Kathmandu (1300m/4265ft)

- 2 - The Journey from Kathmandu to Phakding (2610m/8562.992ft) 3.5 hrs 5.k.m
- 3 - Trek to Namche Bazaar(3440m/11286ft) 6/7 hours (11k.m)
- 4 - Acclimatization day in Namche Bazaar (3440m/11286ft) 3.5hrs 5 k.m
- 5 - Trek to (Phortse village(3810m/12500ft) 6 to 7 hours (9.5km)
- 6 - Trek to Dingboche(4410/14470ft) 6 to 7 hours 13.5km
- 7 - Acclimatization in Dinbouche(4410/14470ft) 3hours 4k.m
- 8 - Trek to Lobuche (4930/16174ft) 5 to 6 hours 8 k.m
- 9 - Trek to GorakShep 5140m/16864ft)to Everest Base Camp 5364m/17598ft) & Back to GorakShep 8 to 9 hrs 9km
- 10 - Early hike to Kala Patthar 5550m/18208) & trek back Pheriche(4240m/131990ft) 8-9 hrs 16k.m
- 11 - Pheriche to Namche Bazzar(3440m/11286.09)7to 8 hours 19 k.m
- 12 - Trek to Phakding(2610m/8562ft) 5 hours 11k.m
- 13 - Phakding to Lukla(9,334 ft (2,845 m).4 hours 5 k.m
- 14 - Fly back to Kathmandu or Ramechaap
- 15 - Final Departure sight seen ktm

Cost Includes & Excludes

Includes

- Airport pickup and drop at Tribhuwan International Airport
- Domestic flight to Lukla and Rutan Kathmandu @ Guide flight
- Two Night 3-4 star hotel Accommodation @ BB paln
- Licensed Holders Trek Guide with good spoken English and trekking porter With Salary and insurance
- Three Meals During Trek , Breakfast ,Lunch ,Dinner Fresh fruit some days , Tea ,coffee
- Pure Adventure Nepal trip Note / Trekking Map
- All necessary paperwork and permits (TIMS/ Conservation Fee).
- Emergency medical kit and local taxes

Excludes

- International Flight and Nepal VISA fees
- Travel Insurance Helicopter fee
- Extra activities cost not planned within the Itinerary
- Hard or Soft Drinks and snacks/ Alcohol Drink / Mineral water
- Tips for Staff (Trekking Guide, Assistant, and Porter)
- Essential packing Equipment/ your Personal Medications
- Extra cost for booking domestic flight other than planned
- Single Supplement require if you travel with group you need pay extra

Gears and equipment

- Clothing

  Waterproof jackets and pants,Sweaters and down jackets ,Lightweight trousers,Hiking shirts- long-sleeved ,Hooded raincoat and Fleece jacket
  nnerwears ,Lightweight and heavyweight winter gloves ,Sun hat or scarf; Money belt; Cotton headscarf, bandana,Winter hat or insulating hat

- Personal accessories

  Headlights and extra batteries
  Face and body wipes
  Sunscreen and sunglasses with UVprotection , Money Belt , Watch , Phone ,Camera

- Toiletries

  Medium-drying towels
  Toothbrush and toothpaste
  Washing kits, talcum powder, and toilet paper
  Degradable soap and shampoo
  Deodorant floss, nail clippers, and mirror

- Extra items

First aid kit
Passport-sized photos and passport photocopies
Binoculars ,Personal medications
1 swiss type knife ,Sleeping bags and sheets,
Rucksack, backpack, and a small day pack Water bottle ,Water purification tablet solution

- Footwears

Trekking Boots
A pair of sports shoes
Heavy wool and light socks