Ama Dablam Expedition



Trip Overview

Ama Dablam Mountain rises to 6,856 meters in the Khumbu area, south of Mount Everest. The massive Ama Dablam, referred to as the "Matterhorn of the Himalayas," dominates the sky above trekkers as they make their way to Everest Base Camp.

The third most sought-after Himalayan peak for authorized expeditions is Ama Dablam, also known as "The Mother's Jewel Box," because the glacier looks like it is hanging like a jewel box from the mountain. In 1961, Ward (UK), Bishop (USA), and Gill (NZ) made a successful attempt by traveling to the southwest.

The Ama Dablam Expedition is very challenging. Pure rock climbing on gorgeous granite makes up the first part of the route's ascent, followed by mixed snow and rock climbing. The mountaineers must navigate challenging ice cliffs and severe snow terrain on one of their climbing routes. You may enjoy amazing vistas of the Himalayas, including Mt. Everest, Mt. Makalu, Mt. Lhotse (above 8,000 m), and many other summits, thanks to the Ama Dablam Expedition.

You can easily complete the Ama Dablam Expedition with skilled mountaineers and guides.

Trip Itinerary

- 1 - Arrival in Kathmandu
- 2 - Sightseeing and Preparation
- 3 - Fly to Lukla and Trek to Phakding
- 4 - Trek to Namche Bazar
- 5 - Acclimatization in Namche
- 6 - Trek to Deboche
- 7 - Trek to Pheriche
- 8 - Acclimatization Day
- 8 - Acclimatization Day
- 9 - Off to Ama Dablam Basecamp
- 10 - Ascending and Descending to Ama Dablam Top
- 10-25 - Ascending and Descending to Ama Dablam Top
- 26-27 - Trek back to Namche and then to Lukla
- 28 - Lukla to Kathmandu Flight
- 29 - Travel to Hidden Places in Kathmandu

- 30 - Final Departure

Faqs

1. **What are the permits required for the Ama Dablam climb?**

   You will need a Sagarmatha National Park Entry Permit and a climbing permit for Ama Dablam. You can get these from local tour companies or the Nepal Tourism Board.

2. **How much does climbing Ama Dablam cost me?**

   You can expect to pay an average of 15000 USD to 20000 USD on average. However, this cost can be altered as per the length, package of the company, services, and group size.

3. **Will I need a guide for the Ama Dablam to climb?**

   Yes, it is highly recommended and necessary for you to hire a qualified guide for the Ama Dablam climb. A guide will help you with acclimatization, navigation and directions, safety, and the technical climbing process.

4. **What is the success rate for the climb of Ama Dablam?**

   The average success rate for the Ama Dablam summit is around 50%. However, this can vary depending on the weather conditions, personal physical condition and fitness, and acclimatization time.

5. **What are the risks associated with the climb of Ama Dablam?**

   The major risks that are associated with a high-altitude climb of Ama Dablam include altitude sickness, frostbite, avalanches, falls, and others. So, be aware of and prepared for these risks and take the necessary steps to mitigate them.